

PreschoolPalace.org



Preschool Curriculum

Cycle 1

September

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SEPTEMBER 2011 TABLE OF CONTENTS

Month at a Glance	2
Materials/Shopping List	3
Daily Lesson Plans	
September 1.....	4
September 2.....	5
September 6.....	6
September 7.....	7
September 8.....	8
September 9.....	9
September 12.....	10
September 13.....	11
September 14.....	12
September 15.....	13
September 16.....	14
September 19.....	15
September 20.....	16
September 21.....	17
September 22.....	18
September 23.....	19
September 26.....	20
September 27.....	21
September 28.....	22
September 29.....	23
September 30.....	24
Bulletin Board Display and/or Circle Time Posters	
Color red.....	25
Color green.....	26
Letter A.....	27
Letter B.....	28
Letter C.....	29
Circle shape.....	30
Number 1.....	31
Worksheets, referenced as part of daily curriculum	
Lucky Charms snack print out.....	32
All about me poster.....	33
A is for apple seed letter card.....	34
A is for apple worksheet.....	35
A tracer page.....	36
Apple scissor skills worksheet.....	37
Color red worksheet.....	38
Color green worksheet.....	39
Circle tracer page.....	40
Circle worksheet page.....	41
Circle lacing card template.....	42
B is for band-aid letter card.....	43
B is for bumblebee worksheet.....	44
B tracer page.....	45
B phonics worksheet.....	46
Bumblebee finds the honey maze.....	47
C is for curly cue letter card.....	48
C is for cookie worksheet.....	49
C tracer page.....	50
C phonics worksheet.....	51
Leaf pattern worksheet.....	52
Leaf tracer worksheet.....	53
Green and red apple worksheet.....	54
Number 1 worksheet.....	55
Number 1 tracer page.....	56
Apple ABC tracer page.....	57
Apple ABC missing letter worksheet.....	58
Apple template.....	59
Large green and red apple template.....	60
Small green and red apple templates.....	61

September 2011 Themes and Month at a Glance

Letters: A, B, C

Number: 1

Shape: Circle

Themes: Back to School, apples, Fall Season

Field trip option: Apple picking at orchard, apple farm, farmer's market, neighbor's yard, grocery store.

Required book: 10 Apples Up On Top (by Theo LeSieg aka Dr. Seuss)

Recommended books: Chicka Chicka Boom Boom (to be read every week or month as a letter review), Chicka

Chicka 123 (to be read every month as a number review); The B Book (Dr. Seuss); ABC Book (Dr. Seuss)

			1	2
			New month Name tags Plate portraits All About Me Poster Teacher's Lucky Charms Letter A intro Apple seed A's A is for apple worksheet	Letter A review Apple science Graphing Apple words Friend portraits Letter A tracer page Scissor Skills worksheet Cooking Friday: Apple sandwiches
5	6	7	8	9
Labor Day Holiday	Color Red Intro Apple mosaic Read 10 Apples Up On Top - and make craft hat Color red worksheet	Color Green Intro Read 10 Apples Up On Top - make class book Apple handprint craft Apple tree poster Mixing green Color green worksheet	Circle Intro Graphing - Apple colors Apple prints Apple Jacks necklace Circle tracer page	Tracing circles collage Circle worksheet Circle lacing card Circle craft Circle collage Cooking Friday: Baked apple goodies
12	13	14	15	16
Letter B introduction Ball activities Band-aid B's Letter B Tracer page	Letter B review Bumblebee craft B is for bumblebee Worksheet Balloon bump dance	Letter B tracer page Bumblebee maze wksht	Letter B collage Finding letter B's Letter B phonics wksht	Fruit Bowling Cooking Friday: Banana bread
19	20	21	22	23
Letter C introduction Curly-cue C's Curly-cue craft Letter C tracer page	Letter C review Crayon freestyle art C is for cookie worksheet Finding letter C's	Intro to Fall season Crayon curls art Letter C collage Letter C phonics wksht	Coffee sand Confetti art Fall patterns worksheet	First Day of Fall Cooking Friday: C shaped cookies Cookie cutter art Leaf tracer page
26	27	28	29	30
Number 1 Number 1 worksheet Ruler Number 1's	Letter review Apple counting/color sorting Number 1 tracer page	Letter Review ABC playdoh Apple ABC tracer page Missing letters wksht	Color review Red collage; Green collage Red and green apple worksheet	Color scopes Cooking Friday: Personal Pizzas

Materials List for September Curriculum

Bookstore/Library: 10 Apples Up On Top, Theo LeSieg aka Dr. Seuss

Grocery Store:

Apples
Lucky Charms cereal
Apple Jacks Cereal
Peanut butter
Flour
Salt
Cornmeal
Cream of Tartar
Food coloring
Dried coffee grounds (ask local coffee shop or save your own for several days)
Fruit for fruit bowling: 1 apple, 1 lemon, 1 orange
Lemon juice (small amount)
Styrofoam bowls
Paper plates (used for paint dipping)
Plastic Ziploc baggies
Paper lunch bags

Cooking Friday, September 2 **A is for Apple sandwiches**

Apples and peanut butter (option, honey substituted for peanut butter)

Cooking Friday, September 9 **A is for Apple cooking project**

Think apple fritters, mini apple pies, baked apples with cinnamon (so easy and yummy), homemade applesauce

Cooking Friday, September 18 **B is for Banana bread;** recipe in your cookbook or off internet

Cooking Friday, September 23 **C is for cookies, sugar cookies;** recipe in your cookbooks/internet

Cooking Friday, September 30 **Personal pizzas;** Premade dough, sauce, cheese, toppings (option: substitute dough with English muffins for microwave cooking); circle dough, circle olives, circle salami/pepperoni, circle tomato slices, etc.

Craft Store/Dollar Store/Already on hand:

Red and green paper
11x17 construction paper
Poster board 2 for \$1 from Dollar Store
Red and green paint; blue and yellow paint, black paint
Craft sticks
Foam letters and numbers (not the stickers)(bucket of letters can be found at craft store like Michael's, Joanns, maybe Target/Walmart). Will be used throughout the year for "searching for letter ___" in the sensory table.
Stickers, red apple stickers (optional)
Stickers: small circle happy face stickers or any other small stickers, hearts, stars, cars, etc.
Index cards for name tags and will be used for other activities throughout year
Card stock paper (3 per child, for letter crafts). Buy ream at office supply store like Staples as will be used throughout the year for many projects.
New shoe laces for lacing cards, or yarn
Yarn for name tag necklaces
Yarn for paper plate portraits in hair tone colors
Curly wrapping ribbon (cut into small curly pieces for C craft)
Canned food (for tracing circles)
Cookie cutters (for cookies and for tracing shapes)
Empty water/soda bottles (6 total) for fruit bowling
Empty paper towel or toilet paper rolls and rubber bands for color scopes
Red and green cellophane or plain saran wrap to be colored with red and green markers for color scopes
Magazines, Sunday newspaper ads, old calendar pages for various letter and color collages
ABC magnets for circle time activities
Empty egg carton, 12 cotton balls, kitchen tongs, or plastic tweezers for 1 to 1 correspondence activity
Band-aids (7 per child) for letter B letter card
Beach balls for circle time games and movement activities (try \$1 store)
Balloons (not water balloons) for balloon dance
Hole punch to make confetti



September 1:

Welcome Song:

Good Morning to You (tune Happy Birthday to You)

" Good Morning to You,
Good Morning to You,
Good Morning dear friends,
It's nice to see YOU!

Good Morning to (child's name)
Good Morning to (child's name)
Good Morning to (child's name)
It's nice to see YOU!"

Welcome Circle, Weather: Here are a couple of calendar and weather songs that can be repeated during Welcome Circle. A variety of songs will be introduced through out the year.

What's The Weather (tune: Frere Jacques)

What's the weather, what's the weather?
Can you tell, Can you tell?
Is the sun shinning, is the rain falling?

Welcome Circle, Calendar. Go over calendar. This is a new month. Note any birthdays, holidays, special events. Talk about some things the children are going to learn this month.

Calendar Song: (tune: Clementine)

There are seven days, There are seven days, There are seven days
in a week.
Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, Saturday.

Welcome Circle, Who is Here?: Who is here today? (Use pre-made name cards with or without pictures for each child). Have fun with attendance and strengthen name recognition at the same time! Story, teacher's choice.

Poem: "Who's Here Today?":

Who's here with us today? Who is ready to learn and play?
(point to a couple of students)
Are you? Are you?
How about _____ (say a child's name)?
Well then come and get your name!

Ask child to grab his/her picture-name tag when called during the poem. When he/she has their picture-name tag in hand have them place it on the "Who Is Here Today" board. Celebrate when the class attendance is gathered!

Circle Time: Introduce Letter A: Show the children the Letter A poster (page 27). Trace over the letter with your fingers. Ask the children to do the same. Trace the letter A in the air or use personal wipe-off boards. Make a letter A basket that includes several items that start with the letter A. Enunciate the A sound when identifying the items. Ask children to repeat or name the items in the basket. Ask the children what other items could be put in the basket.

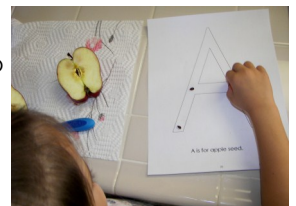
Circle time activity: The Name Game. Teacher starts and says, "My name is _____." Then hands the ball to the child next to her and prompts them to say their name. This continues around the circle. When the ball gets back to the teacher she says, "My name is _____ and I am *rolling* the ball to _____." This continues around the circle with teacher assisting as needed. When the ball gets back to the teacher she *bounces* the ball to a child and says, "My name is _____ and I am *bouncing* the ball to _____." Continue until everyone has had a turn and the children are getting restless.

Craft: Name Tags. Provide index cards in different colors with 2 holes punched out at the top, lengthwise. Allow children to write their names, assist as needed. Provide small stickers (stars, flowers, hearts, cars, etc.) for children to decorate around their name. Lace yarn through holes on cards to make name necklaces for children to wear today and through out the week.

Craft: Plate Portrait. Provide white paper plates, googly eyes, yarn for hair, markers, crayons. Children can make happy faces of themselves and glue yarn hair, etc. Hang in classroom for décor. At the end of the week, add name tags to each plate portrait for décor throughout the month.

Craft: A is for apple seed letter card (page 34). Glue apple seeds along the Letter A. You may want to color/marker within the letter A first. One letter card will be made for each letter through the year You can hang in classroom for a wall border or make an alphabet book as you go.

First Days of School Snack: Lucky Charms. Use template on page 32 taped to paper bag filled with some Lucky Charms cereal for each child.



Activity: All About Me Poster, (page 33).

Worksheet: A is for apple worksheet (page 35)



September 2:

Welcome Song: Where is? (tune: Where is Thumbkin)

Where is (child's name), Where is child's name)

There he is (palm up in direction of child), There he is (palm up in direction of child)

How are you today (thumb up, fingers closed), How are you today (thumb up fingers closed)

Stay and play (hands inviting child to play), Stay and play (hands inviting child to play)

Welcome Circle: Calendar. Weather. Who is here today? Story, teacher's choice.

Review Letter A. Refresh concept of A is for Apple. Play I Spy something that starts with Letter A. Can the children remember some items from the A basket from yesterday? Use bulletin board, flash cards, or pocket chart to display letter A and pictures of items that start with letter A, apples, etc.

Song, emphasizing that "The A says Ah": Lemon Drops and Gum Drops

If all the raindrops were lemon drops and gum drops

Oh what a rain that would be

Standing outside with our mouths open wide

Ah, Ah, Ah, Ah, Ah, Ah, Ah, Ah, Ah, Ah

If all the rain drops were lemon drops and gum drops

Oh what a rain that would be!

Circle time activity, apple tasting: Variety of apples, cut into slices, 1 slice per type for each child. Use descriptive words like: My apple tastes: sweet, sour, cold, juicy, good. **Charting:** Create chart (11X17 construction paper or poster board 2/\$1 at dollar store) with each child's name written down the left side. Call each child up and ask them to find their name. Then ask them to complete the sentence about the apple tasting. For example. Call up Abby. Abby says her apple was sweet. Fill out chart that says, "Abby said her apple is sweet." Continue with each child. Helps children with name recognition, friend recognition, being called on in front of group, etc.

Circle Time Activity: Getting to know our friends game. Play "Guess Who". Pick a child out of the class without saying who you chose. Tell three clues about the child and have the other children guess who the child is.

Science: Take 1 apple and slice down the middle. Wonder and guess with the kids what happens to cut apples without and with lemon brushed on top. Leave out for a few hours for observation and discovery. Provide plastic magnifying glass.

Sensory table: Searching for letter A's. Fill sensory table with bucket of foam letters from craft store. Provide Styrofoam bowl. Ask children to find all the letter A's and put them in the bowl.

Craft: Plate Portrait. Yesterday, children created self-portrait plates. Today, pair them with another child—a new friend. The children are going to make a plate portrait of their new friend. The children can exchange plates to bring home and tell their families all about their new friend who made them such a nice picture. Homeschoolers can pair with sibling or parent.

Cooking Friday: Snack: Apple Sandwiches

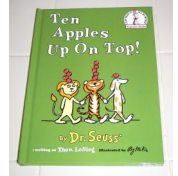
Apples, Peanut butter. Slice apples the "round way" so that a star is formed in the center. Let children spread peanut butter on apple with child-safe knife, then top with a second apple slice to form a sandwich. (You won't need to core the apples if the slices are thin.)

Worksheets: Letter A tracer page (page 36); and Scissor skills, apple theme (page 37)



September 6:

Welcome Circle: Calendar. Weather. Who is here today? Story: Ten Apples Up On Top (Theo LeSieg, aka Dr. Seuss).



Introduce Color Red: Show the children the Color Red poster (page 25). Make a color red basket that includes several items that are red. Try to add a red apple to keep with theme. Ask children to repeat or name the items in the basket. Ask the children what other items could be put in the basket. Play "I Spy Something Red" in the classroom. Whose favorite color is red?

Weather Song. Go over weather chart, sing weather song. To the tune of "Are You Sleeping?"
What's the weather?
What's the weather?
On this Tuesday (insert day of week)
On this Tuesday (insert day of week)
Let's look out the window
Let's look out the window
It is (sunny, rainy, etc.)

Apple Poem: Apple on a Stick

Apple on a stick, apple on a stick
I can lick it all day and not get sick.
Apple in a cup, apple in a cup
I can drink it all day and not fill up.
Apple in a crunch, apple in a crunch
I can eat it all day, it is so good to munch
Apple in a cake, apple in a cake
I can eat it all day with no tummy ache
Apple in a pie, apple in a pie
I can eat it all day and never cry.
Apple in a dish, apple in a dish
I can eat it all day, it's so delish!

Craft: Apple mosaic. Print out template (page 59). Cut. Children can tear small pieces of red construction paper and paste to apple. Tear green pieces of green construction paper and paste to apple leaf. Cut apple shapes, paste onto another color piece of construction paper for practice and interest.



Craft: Ten Apples Up On Top headbands/crowns. Cut construction paper long-wise and tape around child's head. Tape another piece of paper on top of headband/crown using apple stickers or cut and paste apples (page 61). Each child can chose how many apples they want on top. Each headband says "_____ has _____ apples up on top."



Worksheet: Color red worksheet, apple theme (page 38)



September 8:

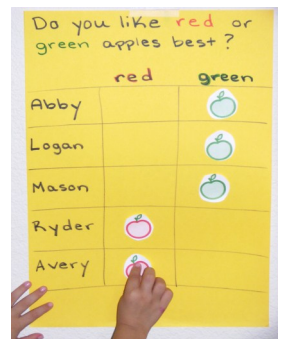
Welcome Circle: Calendar. Weather. Who is Here Today? Story, teacher's choice.

Introduce Circle Shape: Show the children the circle shape poster (page 30). Trace over the circle with your fingers. Ask the children to do the same. Trace a circle in the air or use personal wipe-off boards. Make a Circle Shape basket that includes several items that are in the shape of a circle. Ask children to repeat or name the items in the basket. Ask the children what other items could be put in the basket. Play "I Spy Something in the Shape of a Circle" in the classroom.

Song: 10 Little Apples swinging in a tree (tune of 5 little monkeys swinging in a tree). Use 10 of the apples that you have already for apple crafts or Friday's cooking day. Or use 10 cut outs (page 61) and tape to board and then take off and drop to the ground as sing song.

10 little apples swinging in a tree
I sure wish one would fall to me
One fell down
And hit the ground
Now how many apples do you see?
(*Keep singing until all apples have fallen)

Circle Time Activity, Math Apple Graph. Make a chart (11x17 construction paper or poster board, 2/\$1 at Dollar Store) and write something like: Do you like red or green apples best. Then put a picture of red and apples at the top (cut out apples on page ___). Also write each child's name on the left hand margin. Pass out a slice of each type of apple and then have each child tell you which was his favorite (red or green). Allow the child to come up one at a time and tape his/her favorite apple color to the chart. Tally up the results and make a total at the bottom of each column. You can also use plain red or green circle stickers from a craft or office supply store.



Art: Apple prints. Emphasize A is for Apple, colors of the month red & green. Cut apple in half. Insert fork or popsicle stick to function as a handle. Dip in paint (red) on plate, then stamp onto paper. Repeat collage style. Also use green and yellow paint to add pizzazz. Option: Use markers to add stems and glue seeds onto apple shape. Option: Cut out apple prints, hang on bulletin board. Option: Cut out apple prints, punch hole in top and add string to hang in classroom.



Activity/Craft/Snack: Apple Jacks pattern necklace. Provide Apple Jacks in a Styrofoam bowl for each child and yarn or wrapping ribbon with a knot at one end. Allow children to string the cereal to make an edible necklace. Demonstrate how to make the red-green-red-green (ABAB) pattern. Are there other patterns they can make? Do the Apple Jacks taste like apples? How do you think they are made? What shape are they?

Worksheet: Circle tracer page (page 40)



September 23:

Welcome Circle: Calendar. Today is first day of Fall season. Weather. Who is Here Today? Assign helper of the day. Story, helper of the day's choice. C review, c is for cookie. Circle review, cookies are in shape of circle. Announce cookie cooking project of the day. Red and green review, M&M's are circles and are red and green.

Song: If You're Happy (C is for Clap)

If you're happy and you know it, clap your hands (clap! clap!)
If you're happy and you know it, clap your hands (clap! clap!)
If you're happy and you know it
Then your face will surely show it,
If you're happy and you know it, clap your hands (clap! clap!)

If you're happy and you know it, stomp your feet! (stomp! stomp!)

If you're happy and you know it, shout Hooray!

If you're happy and you know it, do all three (clap! clap! stomp! stomp! Hooray!)

Cooking Friday: C is for cookies. Sugar cookies. Let children shape dough, use cookie cutters, decorate, etc. Circle shapes, red and green M&M's.

Sugar cookie cutouts with frosting:

- 2 cups sifted flour
- 1/4 teaspoon salt
- 1/2 teaspoon baking powder
- 1/2 cup butter
- 1 cup sugar
- 1 large egg
- 1 teaspoon vanilla extract or fresh lemon juice
- M&M's, frosting, sprinkles, optional

In a large bowl, sift together flour, salt, and baking powder. Set aside. Use an electric mixer to cream butter and sugar until fluffy. Beat in eggs. Add flour mixture, and mix on low speed until thoroughly combined. Stir in vanilla or lemon juice. Wrap dough in plastic; chill for about 30 minutes. Preheat oven to 350 degrees F. On a floured surface, roll dough to 0.125 inch thick. Cut into desired shapes. Transfer to ungreased baking sheets; refrigerate until firm, 15 minutes. Bake until edges just start to brown, 8-10 minutes. Cool on wire racks; decorate as desired. Add green or red circle M&Ms to enhance monthly theme.

Art: Cookie cutter art. Have children trace around cookie cutters to make a collage. Or dip cookie cutters into paint on plate and then stamp onto paper. Can they make a pattern, i.e., one heart, then one circle, then one heart. Or one red circle, then one green circle, then one red circle. This activity can be used to reinforce the letter C, the circle shape, and the colors red and green.

ALL ABOUT ME!

My name is

I am ____ years old!

My favorite animal is

My favorite food to eat is

I like being me because

A picture of me!

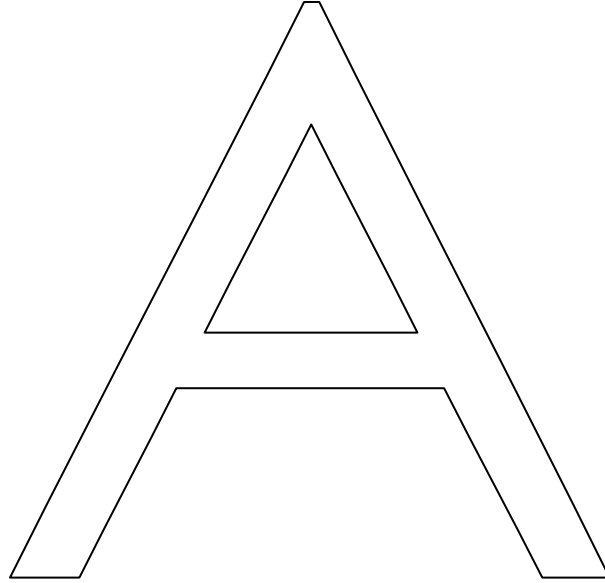
My favorite color is





Name _____

Color the biggest letter A. Trace the letter A's.

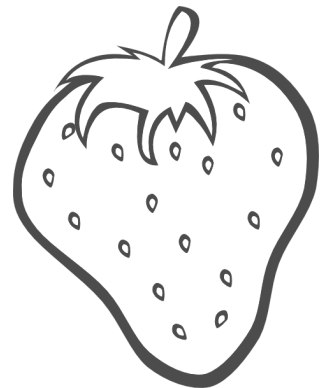
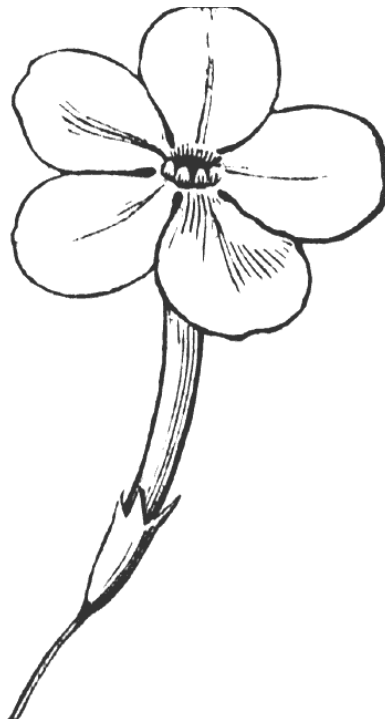
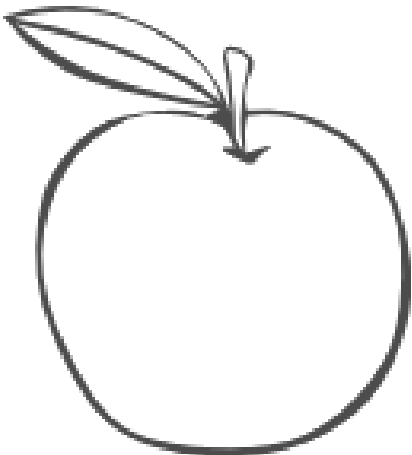
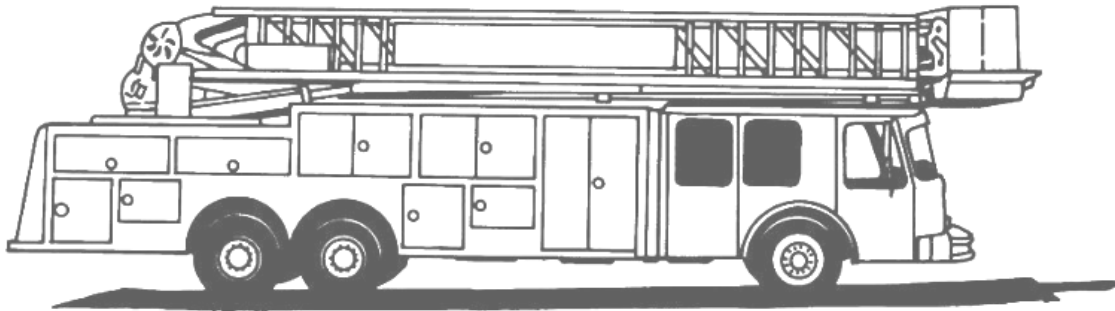




Name _____

Color the pictures of things that can be red.

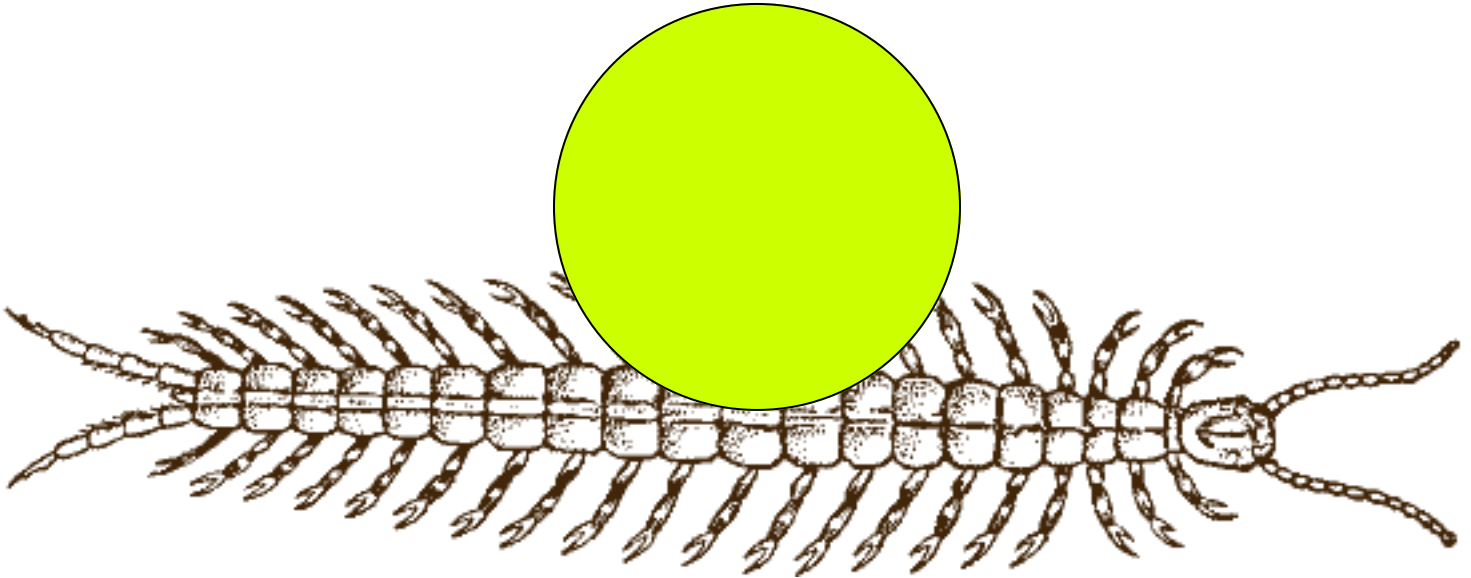
Red



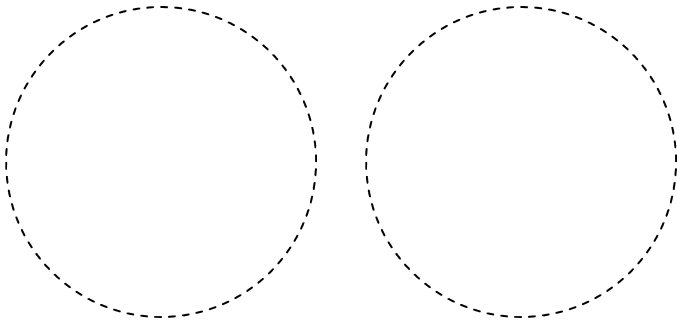


Name _____

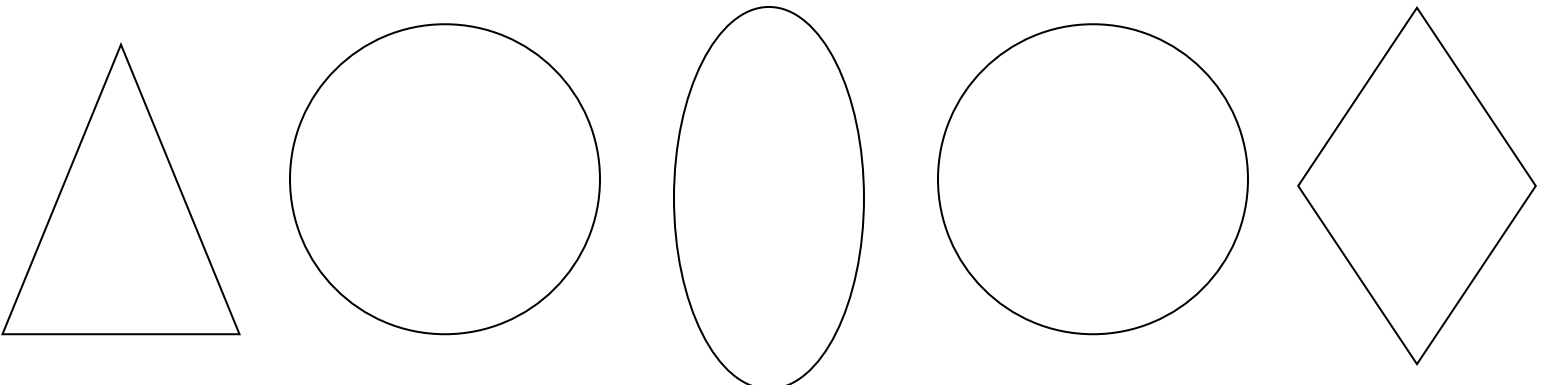
Cecil the Centipede is carrying a circle.

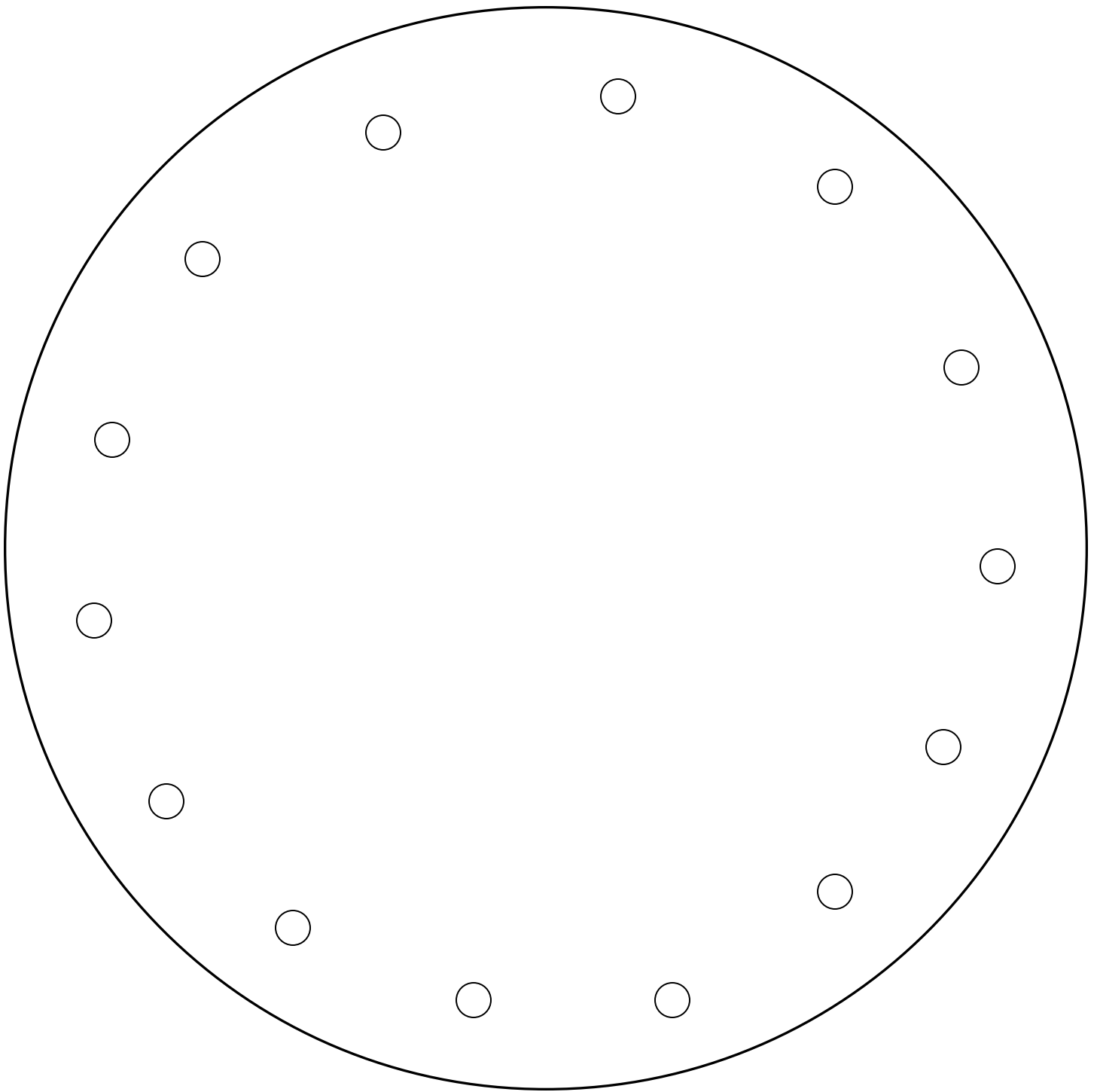


Trace the circles and then draw some of your own.

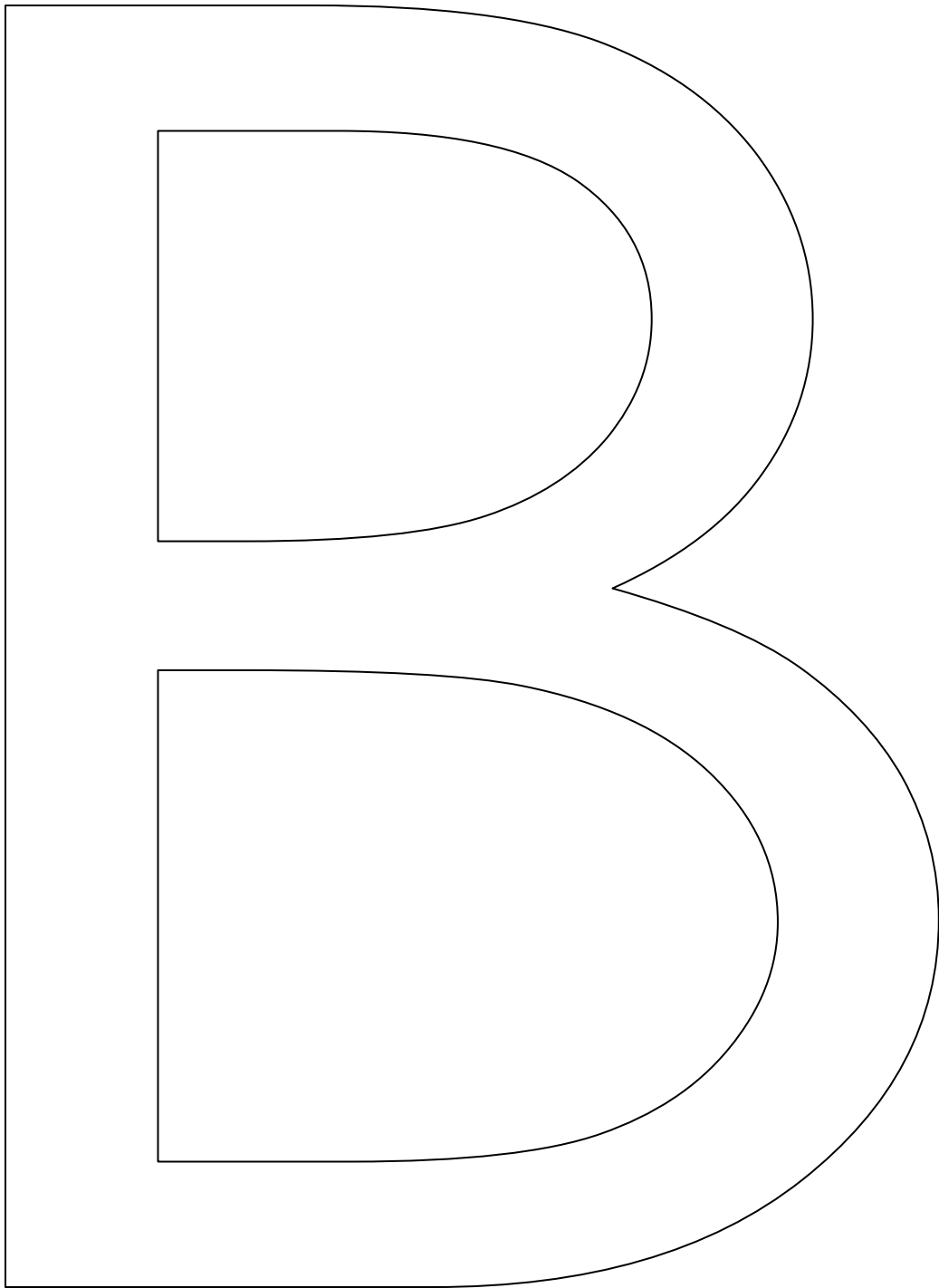


Color the circles.





Cut out this circle shape on cardstock paper or laminate. Then hole punch around edges where indicated. Provide colored yarn or preferably new shoe laces with plastic ends. Tie one end of yarn or lace with into a knot. Demonstrate how to lace cards.



B is for band-aid.